



Train like a PRO

Personal SKILLS TRAINING Program



If your dream is to play professional soccer and/or achieve a full scholarship, we can help you get there. Maybe you just want to improve your skills or stay in shape. Playing sports gives you that competitive edge in life.

You will notice a dramatic improvement in your soccer skills, creativity and confidence while participating in **Elite Soccer Skills Training program**. All of the ESD Coaching Team are technical specialists, qualified and or have International playing experience.

At *Elite Soccer Development* players will benefit from the training program of Master Technical Coach *Clayton Rosario*. Clayton has over 17 years coaching experience with players age 4 to 22 and at all skill levels. He has travelled to France, Italy, Cuba, England and America to visit some of the top training centres for soccer development. Coach Clayton specializes in the Dutch and French Methods. Clayton brings his years of experience and knowledge to his students.

Program Focus:

- Learn over 50 creative moves to beat an opponent
- Left/Right Foot High Volume Shooting
- Work on 1st touch
- Decision Making
- Speed Passing
- Juggling
- Creative Footwork
- Ball Control
- Finishing/Heading/Volleys
- Attacking
- Individual Defending techniques

TORONTO SKILLS TRAINING PROGRAM

Starting Tuesday, October 13TH, 2009

Location:

[Astra Sportsplex](#)
905.303.0592
2839 Rutherford Road
(east of Jane Street)
Vaughan, ON

Cost:

\$275 | 10 sessions
\$500 | 20 sessions
\$990 | 40 sessions
*all prices subject to GST

Coaching Team:

Clayton Rosario
President | Founder | Technical Director
George Sheregy
Director of Coaching Toronto
Antonio Sabatino
High Performance Training Coach - Goal Tending
Calvin Rosario
High Performance Technical Coach

Dates | Times | Age Groups:

Tuesdays & Thursdays:
6:00pm – 7:30pm Ages 6 to 12 years
7:30pm – 9:00pm Ages 13 up

www.elitesoccerdevelopment.com

Clayton Rosario | tele. 289.214.1414 | claytonr@elitesoccerdevelopment.com

ELITE SOCCER DEVELOPMENT

TORONTO - PERSONAL SKILLS TRAINING PROGRAM

FALL 2009 – SPRING 2010

PLAYERS INFORMATION:

Player's Name: _____ Male: _____ Female: _____

Address: _____

City: _____ Postal Code: _____ D.O.B (YY/MM/DD) _____

Telephone: (Home) _____ (Work) _____

EMAIL address: _____

Please Circle one of the following:

Shirt Size: S M L XL Adult Youth Goaltender: YES NO

Playing Experience: None House League Travel

REGISTER FOR:

\$275 | 10 sessions \$500 | 20 sessions \$990 | 40 sessions

*all prices subject to GST

PARENT/GUARDIAN SIGNATURE _____

PARENT/GUARDIAN PRINTED NAME: _____ DATE: _____

Neither Elite Soccer Development, Clayton Rosario and/or ESD associates are liable for losses or injuries occurring while participating in this program.

Parents/Guardian must sign this waiver before sessions begin:

Signature of Parent/Legal Guardian

Date

www.elitesoccerdevelopment.com

Clayton Rosario | tele. 289.214.1414 | claytonr@elitesoccerdevelopment.com