



# Train like a PRO

## Personal SKILLS TRAINING Program



If your dream is to play professional soccer and/or achieve a full scholarship, we can help you get there. Maybe you just want to improve your skills or stay in shape. Playing sports gives you that competitive edge in life.

You will notice a dramatic improvement in your soccer skills, creativity and confidence while participating in **Elite Soccer Skills Training program**. All of the ESD Coaching Team are technical specialists, qualified and or have International playing experience.

At *Elite Soccer Development* players will benefit from the training program of Master Technical Coach *Clayton Rosario*. Clayton has over 17 years coaching experience with players age 4 to 22 and at all skill levels. He has travelled to France, Italy, Cuba, England and America to visit some of the top training centres for soccer development. Coach Clayton specializes in the Dutch and French Methods. Clayton brings his years of experience and knowledge to his students.

## NIAGARA REGION SKILLS TRAINING PROGRAM

### Starting Saturday, October 16th, 2010

#### Program Focus:

- Learn over 50 creative moves to beat an opponent
- Left/Right Foot High Volume Shooting
- Work on 1<sup>st</sup> touch
- Decision Making
- Speed Passing
- Juggling
- Creative Footwork
- Ball Control
- Finishing/Heading/Volleys
- Attacking
- Individual Defending techniques

#### Location:

[Niagara Sportsplex](#)  
905.353.1838  
3710 Sinnicks Avenue  
Niagara Falls, ON

#### Cost:

\$225 | 10 sessions  
\$425 | 20 sessions  
\$850 | 40 sessions  
\*all prices subject to GST

#### Coaching Team:

**Clayton Rosario**  
President | Founder | Technical Director  
**James McGillivray**  
Academy Director  
**Tony Visca**  
High Performance Training Coach - Goal Tending

#### Dates | Times | Age Groups:

#### Saturdays & Sundays:

8:00am – 9:30am      Ages 6 – 10  
8:00am – 9:30am      Ages 11 and up

[www.elitesoccerdevelopment.com](http://www.elitesoccerdevelopment.com)

Clayton Rosario | tele. 289.214.1414 | [claytonr@elitesoccerdevelopment.com](mailto:claytonr@elitesoccerdevelopment.com)

# ELITE SOCCER DEVELOPMENT

## NIAGARA - PERSONAL SKILLS TRAINING PROGRAM

FALL 2010

### PLAYERS INFORMATION:

Player's Name: \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_ D.O.B (YY/MM/DD) \_\_\_\_\_

Telephone: (Home) \_\_\_\_\_ (Work) \_\_\_\_\_

EMAIL address: \_\_\_\_\_

*Please Circle one of the following:*

Shirt Size: S M L XL      Adult      Youth      Goaltender: YES NO

Playing Experience: None      House League      Travel

### REGISTER FOR:

\$225 | 10 sessions       \$425 | 20 sessions       \$850 | 40 sessions

\*all prices subject to GST

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_

PARENT/GUARDIAN PRINTED NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

**Neither Elite Soccer Development, Clayton Rosario and/or ESD associates are liable for losses or injuries occurring while participating in this program.**

*Parents/Guardian must sign this waiver before sessions begin:*

\_\_\_\_\_

\_\_\_\_\_

Signature of Parent/Legal Guardian

Date

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