



Train like a PRO

Personal SKILLS TRAINING Program



If your dream is to play professional soccer and/or achieve a full scholarship, we can help you get there. Maybe you just want to improve your skills or stay in shape. Playing sports gives you that competitive edge in life.

You will notice a dramatic improvement in your soccer skills, creativity and confidence while participating in **Elite Soccer Skills Training program**. All of the ESD Coaching Team are technical specialists, qualified and or have International playing experience.

At *Elite Soccer Development* players will benefit from the training program of Master Technical Coach *Clayton Rosario*. Clayton has over 17 years coaching experience with players age 4 to 22 and at all skill levels. He has travelled to France, Italy, Cuba, England and America to visit some of the top training centres for soccer development. Coach Clayton specializes in the Dutch and French Methods. Clayton brings his years of experience and knowledge to his students.

Program Focus:

- Learn over 50 creative moves to beat an opponent
- Left/Right Foot High Volume Shooting
- Work on 1st touch
- Decision Making
- Speed Passing
- Juggling
- Creative Footwork
- Ball Control
- Finishing/Heading/Volleys
- Attacking
- Individual Defending techniques

NIAGARA REGION SKILLS TRAINING PROGRAM

Summer & Fall Sessions now underway...

Location(s):

[West Park School](#)

St. Catharines, ON

[Ridley College](#)

St. Catharines, ON

Cost:

\$225 | 10 sessions

\$425 | 20 sessions

\$850 | 40 sessions

*all prices subject to GST

Coaching Team:

Clayton Rosario

President | Founder | Technical Director

James McGillivray

Academy Director

Tony Visca

High Performance Training Coach - Goal Tending

Dates | Times | Age Groups:

Monday's – West Park School

Wednesday's – Ridley College

Thursday's – West Park School

5:30pm – 7:00pm Soccer School & Academy (Players age 6-12 | U10/U12)

7:00pm – 8:30pm Soccer School & Academy (Age 13 and up | U14/U17)

www.elitesoccerdevelopment.com

Clayton Rosario | tele. 289.214.1414 | claytonr@elitesoccerdevelopment.com

ELITE SOCCER DEVELOPMENT

NIAGARA - PERSONAL SKILLS TRAINING PROGRAM SUMMER | FALL 2010

PLAYERS INFORMATION:

Player's Name: _____ Male: _____ Female: _____

Address: _____

City: _____ Postal Code: _____ D.O.B (YY/MM/DD) _____

Telephone: (Home) _____ (Work) _____

EMAIL address: _____

Please Circle one of the following:

Shirt Size: S M L XL Adult Youth Goaltender: YES NO

Playing Experience: None House League Travel

REGISTER FOR:

\$225 | 10 sessions \$425 | 20 sessions \$850 | 40 sessions

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PARENT/GUARDIAN SIGNATURE _____

PARENT/GUARDIAN PRINTED NAME: _____ DATE: _____

Neither Elite Soccer Development, Clayton Rosario and/or ESD associates are liable for losses or injuries occurring while participating in this program.

Parents/Guardian must sign this waiver before sessions begin:

Signature of Parent/Legal Guardian

Date

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